

Trauma Care: Towards an Integrated Approach

Conference Programme

09.00 – 09.55 Registration

Welcome Prof Dominic Murphy (President UKPTS)

Introductions Dr Tony Downes (Conference Chair)

10.00 – 10.30

Short film – ‘RISE’. A Patients’ Voice: Overcoming Trauma & Dissociative Seizures with a presentation by the film’s subject, **Delyth Owen**

Leonard Wolfson Auditorium

Session 1: Keynotes – Resilience and Inclusion

Advances in Resilience Building and Psychotrauma Prevention: Towards an Integrated System of Learning and Care

Dr Joanne Mouthaan (Leiden University; President ESTSS)

10.30 – 12.00

Trauma and Medical Harm: Inequity and Social Justice

Dr Josephine Ocloo (King’s College London)

Leonard Wolfson Auditorium

How to Support Under-Represented Groups to Engage with Research and Clinical Services

Prof Dominic Murphy (Combat Stress)

Q&A

12.00 – 13.00

Lunch

The Buttery

Session 2: Breakout (choice of one)

PTSD, Wearable Technology & Cannabis

Dr Daniel Leightley & Grace Williamson

13.00 – 13.45

Improving the Health & Wellbeing of Patients with Functional Neurological Disorder (FND)

Dr Tanya Edmonds & Dr Kelly Price

ConnectionWorks- an Innovative, Holistic Approach to Heal Complex PTSD

Dr Susanna Petche

(move to next session)

Session 3: Breakout (choice of one)

Patients’ & Therapists’ Experiences of Psychedelic Therapy in PTSD

Liam (Nadav) Modlin

13.50 – 14.35

A Multi-Disciplinary Approach to Treating Persistent/ Functional Symptoms in Children & Adolescents

Rachel Naunton & Dr Sacha Evans

Using the Power Threat Meaning Framework to Deal with Trauma and Adversity

Jan Bostock

14.35 – 14.55

Refreshments

The Buttery

Session 4: Keynotes – Biopsychosocial Considerations in Integrated Care

15.00 – 16.50

Psychedelics and PTSD

Prof Eric Vermetten (Leiden University)

A New Approach to Managing Trauma-Related Bodily Distress in Primary Care

Daniel Phillips (NHS Wales)

Economic Impact of Poverty & Cost of Living on Providing Therapy to Clients with PTSD

Dr Victoria Williamson (King's College London)

Dr Brock Chisholm (Consultant Clinical Psychologist)

Abdulkadir Mohamed (Central & NW London NHS Foundation Trust)

Leonard Wolfson
Auditorium

Q&A

1650 – 1700

Concluding Remarks Prof Dominic Murphy (President UKPTS)

Our location is **Wolfson College, University of Oxford, Linton Road, Oxford, OX2 6UD.**

The College is located approximately a 30-minute walk north of Oxford city centre. On-site parking is not available. Local and park-and-ride bus services stop at Linton Road. Please see the www.oxfordbus.co.uk and www.oxford.gov.uk websites for more. The College website can be found at www.wolfson.ox.ac.uk.

On arrival please enter via the **Reception/Porter's Lodge** (see circled map overleaf).

Registration will take place from 09.00 in the Old Lodge area near the Buttery. Please look for UKPTS 2024 Annual Conference signs to help you navigate the College.

When registering on the day, please also indicate your choice for each of the two breakout sessions. There is a choice of three topics for each.

Proceedings will start at 10.00 prompt.

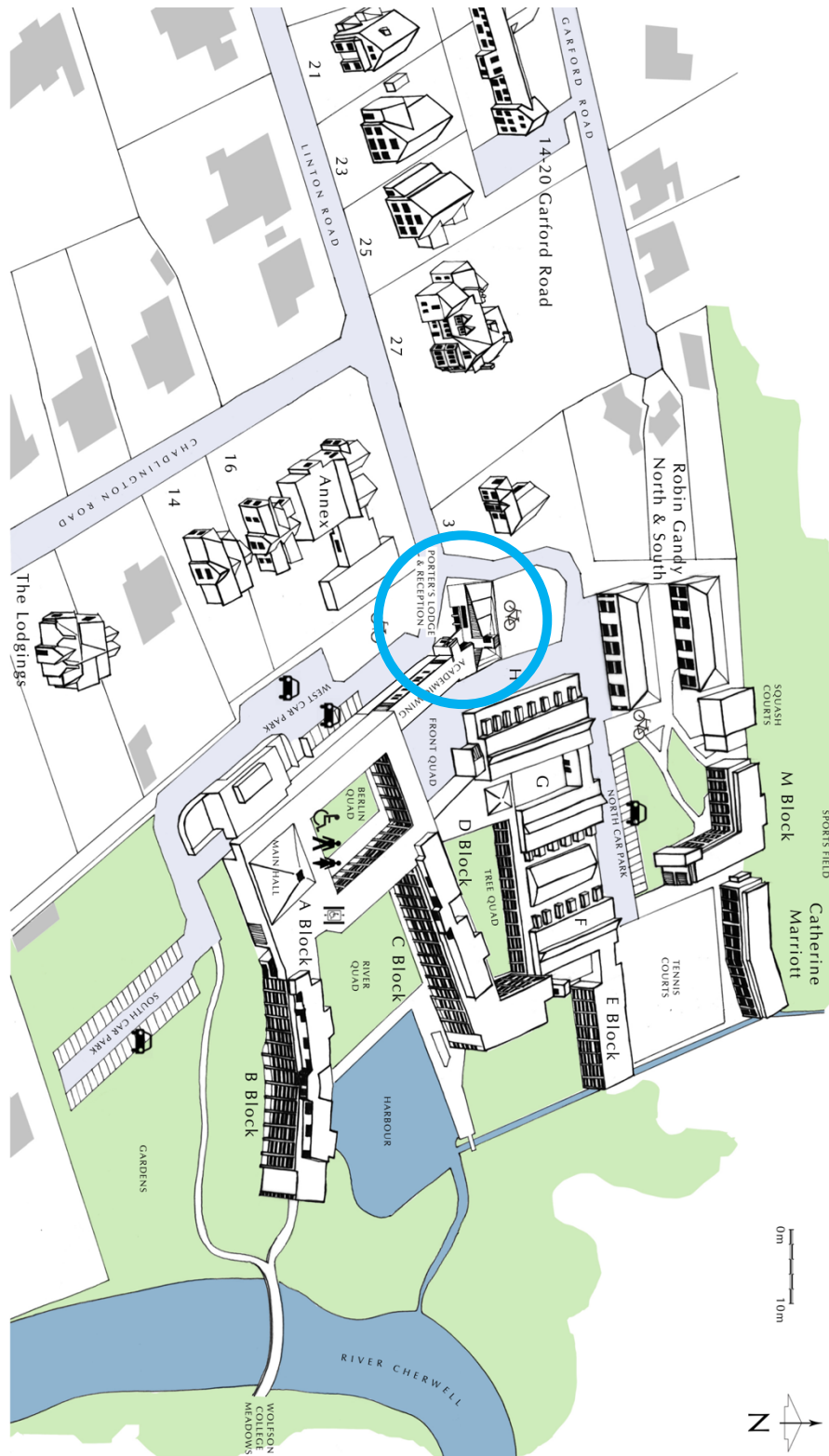
The **Leonard Wolfson Auditorium** will be our principal venue, with breakout sessions taking place in the auditorium as well as **Seminar Room 2** and the **Levett Room**. The locations of the breakout sessions and directions to them will be provided on the day.

Refreshments and a buffet lunch will be provided and will be served in **the Buttery**.

Delegates are welcome to dine in the College's Hall at the end of the day from 18.00-19.30. Please note that dinner is not included as part of the Conference, and payment is by card only.

Trauma Care: Towards an Integrated Approach

Wolfson College, Oxford



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Speaker Biographies

Jan Bostock

'Using the Power Threat Meaning Framework to Deal with Trauma and Adversity'

Jan Bostock worked as a Clinical Psychologist in North East NHS mental health services from 1986 and retired recently as Associate Director for Psychological Services in CNTW NHS FT. She is committed to the promotion of mental health, social justice and the prevention of distress and trauma. Staff wellbeing is important, and she recently worked for the NE and North Cumbria Staff Wellbeing Hub. She facilitates training and reflective practice in trauma-informed approaches that draw on the Power Threat Meaning Framework (PTMF), and is part of the British Psychological Society committee for the PTMF, the BPS Community Psychology Section and Psychologists for Social Change.

Dr Brock Chisholm

'Economic Impact of Poverty and Cost of Living on Providing Therapy to Clients with PTSD'

Dr Brock Chisholm is a Clinical Psychologist with 20 years of experience working with people and organisations affected by the consequences of traumatic events. He previously worked within NHS specialist psychosis and trauma services in London for 15 years before leaving to work on a large war crimes investigation, investigating allegations of torture and murder of Iraqi and Afghanis perpetrated by UK soldiers, which has recently been the subject of a BBC Panorama expose. He co-founded Trauma Treatment International (www.tt-intl.org), which supports individuals and organisations affected by collective violence. Until recently he was a Trustee of Survivors UK, who support males and non-binary people affected by sexual violence and abuse, and has previously been a UKPTS board member. Brock currently divides his time between working with Trauma Treatment International, undertaking expert witness work, and working with journalists affected by trauma. He acted as expert witness in cases brought against the CIA and MI6 for engaging in extraordinary rendition and operating secretive torture black sites, with Guantanamo Bay inmates, the Westminster Bridge terror attack, the Hillsborough Inquiry and with Julian Assange. Brock is currently collaborating with the Dart Centre for Journalism and Trauma to provide consultation and training to media organisations such as the BBC, Vice News, The Guardian, and The New York Times.

Dr Tanya Edmonds

'Improving the Health and Wellbeing of Patients with Functional Neurological Disorder'

Dr Tanya Edmonds is the Lead Consultant Clinical Neuropsychologist for the Regional Neuropsychology Service and Major Trauma Network covering Southwest Wales. For over 25 years in the NHS, she has developed community, outpatient and inpatient services in neurosciences around Wales, as well as leading physical health psychology services. The many projects have included developing a functional seizure service in 2013 and, more recently, developing a business case for the first, regional multidisciplinary service for people with Functional Neurological Conditions (FND). She has a particular interest in the relationship between trauma and persistent physical/neurological symptoms. Her team is engaged in a number of clinical-research collaborations, and have developed the biopsychosocial GENIAL framework to inform service development. The services have won many awards for innovation, working in partnership across pathways and co-production. Their aim is to apply their learning and development work in community neurorehabilitation to improve the outcomes and wellbeing of persons with FND, and to reduce the strain on the NHS.

Dr Daniel Leightley

'PTSD, Wearable Technology and Cannabis'

Dr Daniel Leightley is a Lecturer in Digital Health Sciences in the School of Life Course & Population Sciences at King's College London. Daniel's research is focused on the interface between physical and mental health using digital technology, secondary data sources and big data analytics. Daniel has an interest in adolescent and military mental health. He holds grants from the Forces in Mind Trust, National Institute of Health Research, UK Medical Research Council and UK Cabinet Office.

Liam (Nadav) Modlin

'Patients' and Therapists' Experiences of Psychedelic Therapy in PTSD'

Liam (Nadav) Modlin is a psychological therapist, clinical investigator and lecturer at the Institute of Psychiatry, Psychology & Neuroscience (IoPPN) at King's College London. With an interest in psychopharmacology and clinical expertise in treating psychological trauma, at the IoPPN Liam works as a research therapist and therapist trainer on studies exploring the safety and efficacy of psychedelics in PTSD and treatment-resistant depression. As a doctoral student, Liam conducts trauma-focused qualitative research investigating patients' experience of currently available and novel treatments for psychological trauma. His lectures at the IoPPN explore psychotherapeutic models in clinical trials investigating the safety and efficacy of psychedelics, the potential applications of psychedelic therapy in military populations and psychotherapy in MDD and PTSD. He is also the co-founder of the Maudsley Psychedelic Society Harm Reduction 'Integration' Group. Based in London, Liam has a private counselling & psychotherapy practice and has also worked in various NHS mental health services delivering psychodynamic psychotherapy and as a team Lead.

Abdulkadir Mohamed

'Economic Impact of Poverty and Cost of Living on Providing Therapy to Clients with PTSD'

Abdulkadir Mohamed is a mental health (RMN) nurse at the South Westminster Hub, Central & North West London NHS Foundation Trust (CNWL). Born in Somalia, he came to the UK as a refugee in 1998 due to the civil war, and started work as a Health Care Assistant. He completed a foundation degree at London South Bank University and was sponsored by CNWL on his RND training at Buckinghamshire New University. Abdul was the first member of his family to achieve a university degree. He is a Trustee of Trauma Treatment International (www.tt-intl.org).

Dr Joanne Mouthaan

'Advances in Resilience Building and Psychotrauma Prevention: towards an Integrated System of Learning and Care'

Dr Joanne Mouthaan is the current president of the European Society for Traumatic Stress Studies (www.ESTSS.org) and the Dutch Psychotrauma Association (www.NtVP.nl) and involved in the international psychotraumatology field (ESTSS, ISTSS, EJPT, ADJUST, ICPP). She is a Senior Assistant Professor and Educational Lead at the Clinical Psychology department at Leiden University. Her research focuses on prevention and prediction of psychological responses to trauma, suicide prevention, student wellbeing and mental health care innovations through e-health and e-learning.

Rachel Naunton

'A Multi-Disciplinary Approach to Treating Persistent and Functional Symptoms in Children and Adolescents'

Rachel works as a specialist paediatric physiotherapist on the Mildred Creak Unit at Great Ormond Street Hospital and as a practice educator for the Me first project. Working in paediatrics since 2004, Rachel has gained extensive experience working with children and young people of varying ages and abilities, in a variety of clinical fields and settings. She has keen interests in functional symptoms, pain, CFS/ME, mental health and sustainability and is keen to promote the role of physiotherapists in mental health. Rachel leads a network across the UK for allied health professionals working with functional disorders. She enjoys teaching and developing training programmes and resources for Me first to help promote and embed children and young people centred communication in health and social care. In her spare time Rachel loves music, dancing, cycling and watching films.

Dr Josephine Ocloo

'Trauma and Medical Harm: Inequity and Social Justice'

Dr Josephine Ocloo is a social scientist and activist-scholar based at King's College London. She gained a degree in social science and administration and a master's in European Social Policy at the London School of Economics. Josephine left her job as a senior lecturer in social work, completing a PhD in 2008 from the University of Surrey, looking at medical harm after her daughter died because of a medical failure to manage her heart condition. In 2008 she was invited to become a Patients for Patient Safety Champion, part of the Patient Safety Programme at the World Health Organisation.

Delyth Owen

'RISE' (Short Film). A Patients' Voice: Overcoming Trauma & Dissociative Seizures

Delyth Owen is a mother of one from North Wales. She is currently on maternity leave after completing her first year of a nursing degree with the University of Bangor. Before returning to studying, Delyth spent three years unemployed and battling with the effects of complex post-traumatic stress, which resulted in functional neurological disorder, the main symptom being non epileptic seizures. She educated herself as much as possible in her diagnosis and carved out her own treatment plan, which was successful and allows her to now function normally. Delyth was featured in a short film about her diagnosis and the key activity of climbing that was instrumental in her recovery. This film was showcased in many film festivals worldwide which gave her a platform to advocate for her diagnosis and attempt to tackle negative attitudes. She is always enthusiastic to discuss her journey to educate and promote compassion.

Dr Susanna Petche

'ConnectionWorks – An Innovative, Holistic Approach to Health Complex PTSD'

Dr Susanna Petche is committed to the creation of a trauma-informed world. As a lifestyle and functional medicine GP specialising in psychological trauma, she combines 24 years of clinical practice, with personal experience and academic knowledge of trauma. Dr Petche works directly with those dealing with the physical, mental and emotional consequences of trauma - helping them to find a path to healing. And, in addition to her work in a busy A&E and UTC on the South Coast, she has spent the past 2 years leading a hugely successful NHS-funded ConnectionWorks programme of holistic healing for those with Complex PTSD. Dr Petche is also an award-winning teacher - teaching the next generation of medical and healthcare professionals about the impacts of trauma. She lectures at Brighton & Sussex Medical School on secondary traumatic stress within medicine and the impact of psychological trauma on health & social care leadership. In 2022, Dr Petche founded her business: Trauma-Sense and developed the Trauma-Sense programme - helping coaches, therapists and other well-being specialists to become more trauma-informed.

Daniel Phillips

'A New Approach to Managing Trauma-Related Bodily Distress in Primary Care'

Dan is an Advanced Clinical Practitioner and the Lead Psychotherapist for the East Flintshire Psychological Trauma Service in North Wales. This service is the first of its kind, and based in primary care, uses trauma-focused psychotherapies to treat those with the medically unexplained physical symptoms, which research suggests are often somatic symptoms of being traumatised. Dan's background is in pre-hospital medicine, before retraining following his own lived experiences of trauma. He is currently working towards completion of his Professional Doctorate in Psychological Trauma, with his research being in the relationship between psychological trauma and physical health symptoms, with particular interest in gut health and irritable bowel syndrome.

Dr Kelly Price

'Improving the Health and Wellbeing of Patients with Functional Neurological Disorder'

Dr Kelly Price works as a Highly Specialist Clinical Psychologist across the Community Neurorehabilitation Service and Functional Seizures Service, in Swansea Bay University Health Board. Her doctoral research focused on Functional Neurological Disorders (FND), considering the psychological processes underpinning negative perceptions towards this cohort influencing barriers to care, with the hope of highlighting the need for a more supported and cohesive framework. Her work in Functional Seizures in particular has developed a specialist interest in the connection between trauma and persistent physical and neurological symptoms. Working in Neurorehabilitation, she shares her services ethos in the promotion of social connection, facilitating positive emotion and providing opportunities to engage in meaningful activities. She works establishing links with community partners, supporting the writing of grants and organising and co-facilitating neuro-rehabilitation projects within the community. Outside of work, she sits on the South West Wales Motor Neurone Disease (MND) Association branch committee, organising fundraising events and campaigning to support those living with MND.

Dr Sacha Evans

'A Multi-Disciplinary Approach to Treating Persistent and Functional Symptoms in Children and Adolescents'

Dr Sacha Evans is a Consultant Child and Adolescent Psychiatrist. She currently works in the Children's Epilepsy Surgery Service and on the Mildred Creak Unit at Great Ormond Street Hospital. The Mildred Creak Unit is a children's inpatient unit which treats patients with emotional and behavioural disorders, specialising in functional presentations and eating disorders. Her interests are in paediatric liaison psychiatry and functional neurological disorder.

Grace Williamson

'PTSD, Wearable Technology and Cannabis'

Grace Williamson is a Study Coordinator at the King's Centre for Military Health Research, King's College London. Grace is currently working on projects focused on digital technology, substance use and mental health in veterans. Grace has an interest in forensic, adolescent, and military mental health. She has previously worked in a clinical capacity in community, in-patient and judicial forensic settings.

Dr Victoria Williamson

'Economic Impact of Poverty and Cost of Living on Providing Therapy to Clients with PTSD'

Dr Victoria Williamson is a Senior Lecturer at King's College London. Her research focuses on psychological adjustment after trauma in military veterans, frontline staff and survivors of human trafficking. She specialises in co-designing accessible mental health interventions and is currently leading the first UK randomised control trial of Restore & Rebuild (R&R), a treatment for moral injury-related mental health difficulties, with Combat Stress

Prof Eric Vermetten

'Psychedelics and PTSD'

Prof. Col (ret'd) Eric Vermetten, MD, PhD, is professor and clinical psychiatrist at Leiden University Medical Center, the Netherlands. He has had several roles in the Dutch Armed Forces as Head of Research and Strategic Advisor (COL) of Research at the Military Mental Health Service, and ARQ National Psychotrauma Center. He also has an Adjunct Professorship at the Department of Psychiatry of New York UMC. He trained in the Netherlands and the USA in psychiatry and neuroscience (Stanford, Yale and Emory University). He has clinical as well as a research positions with a focus on medical/biological as well as psychiatric aspects of complex psychotrauma in military as well as civilian populations. He has explored roots of psychotherapy and is pioneering in delivering psychotherapy with novel technological and psychedelic support. His work not only informs clinical practice but also influences policies and interventions for trauma-affected populations. He is also a consultant for the United Nations, Veterans Institutes and other international organisations.